



ARMADALE BOWLERS NEWSLETTER

Princes Park, 41 Sussex Road, Caulfield South, VIC, 3162. Telephone 9528 4620
eMail: abcbowls@bigpond.net.au Website: www.armadalebowlsclub.com.au

Winter 2011

The Newsletter is back. The new season is upon us and exciting times are ahead. We are thrilled to have some very welcome new members and wish them success and enjoyment at Armadale. For those who have left our club for various reasons, we thank them and wish them all the very best with their new clubs.

Our new coach Richard Gale commenced his duties in May on Sunday mornings. Richard has vast experience in coaching. Over the past few years he developed the national Indian team with success. Along with Richard, Don Finklestein and our other club coaches we have a good panel with many years of coaching experience.

As a new era approaches we also have some new selectors who are putting their head on the chopping block. Stan Todes will be Chairman alongside Abe Engle, Dick Wilson, Nathan Buchner and Martin Klyne. Thanks go out to the outgoing team who worked hard and did their best to ensure our success. Hopefully with new blood we will regain that first division status.

The Tuesday pennant selectors remain unchanged. Congratulations to Haydn Williams who has been appointed Chairman of the Umpiring Committee of Victoria and to Leon Cohen who has been appointed to the Coaching Committee. We are indeed fortunate to have such highly regarded members.

CLUB CHAMPIONSHIPS

Congratulations to all participants and winners.

- Margaret White and Gail Williams had a titanic battle with Margaret just getting over the line in a great game for the Ladies 100 Up Championship.
- Estelle Simon and Margaret were gallant in defeat in the Ladies Pairs with Hunny and Barbara emerging victors.



Hunny and Barbara at the end of the game.



Giora receiving his championship badge from President Jack with Graeme looking on.

- Young Haydn Williams and Bernard Levin fought for the Minor Singles title with Haydn getting over the line.
- Betty Marks had a good tussle with Estelle Simon to take out the Ladies Minor Singles.
- Leila Levy and Bernie Levin took out the Mixed Pairs from Sylvia Tobianky and Graeme Spencer, well done to Graeme who is not afraid to pair with new bowlers and give them great experience.
- Finally, the Men's Triples went to Stan Todes, David Brame and Danny Miller against Haydn Williams, Spence, Tom Weisler and Abe Engel.

CLUB DRESS CODE

Over the past 12 months the Club has been transitioning our dress code, with the aim of presenting a smarter image as a Club. With the Navy, Green and White colours we have in place today, it was felt that change needed to take place. Many people have been switching to the (bottle) Green pants, which is a big step towards the final changeover.

A two year period was planned for the changes, to allow members time to make this transition. With the final step to be completed by 1st September 2012, which is the beginning of the new 2012/13 Pennant Season.

So over the next year our members are asked to finalise the changes, using the following code of dress: (all with approved Bowls Australia Logos)

FOR LADIES AND MEN: From Pennant Season Commencing 2012/13

- Green pants
- Green or white tops, including jumpers, short and long-sleeve jackets, rain jackets
- White Armadale club jackets (the standard issue jackets with green and red stripes)
- Green belts
- White socks (And if men are wearing shorts, socks are to have the 'Official Logo', to comply with Bowls Australia regulations).
- White caps or hats (with the 'Official Logo')

On an exception basis white hats can be wide-brimmed if members need to take particular care in the sun, and a cap or hat with the 'Official Logo' is not suitable. These hats must have an Armadale hatband, and be "firm" and not "floppy" to comply with Bowls Australia regulations.

- Armadale shirts for Pennant are unchanged

DURING THE COMING SEASON OF 2011/12, the current dress code remains unchanged – with one exception:

Women are requested not to wear navy VLBA attire if playing Saturday Pennant, but to wear only white or green.

The navy clothing can be worn on Tuesdays for the remainder of this season.

All other clothing which we wear for competition or social bowls within Armadale or at other Clubs, is per Bowls Australia requirements and does not apply to the above changes.

Consideration of these changes has been given over a long period, with emphasis on choice and flexibility in our tops and a specific identity and uniformity in our choice of green pants only.

The Board appreciates the efforts made by members to date to support the changes and we look forward to completing the process before next season.

CHAIRPERSONS CORNER



Well here I am, the First Lady on the Board of Management of this fantastic club. I am excited to take up this new role, I know the challenges facing me and slowly I hope to make many changes and improvements.

I want you all to know that I will always be available to assist with any queries you may have. Abe and I have spent the last 30 years as members of this club and I now want to repay these wonderful years

by continuing to serve the club in this important role.

At our last Board meeting we succeeded 2 new members, Haydn Williams and Tom Weisler to the Board. Their term will last until the next AGM when they will stand for election.

Once again thank you for your support and trust. Lets work together harmoniously to make our club successful in the coming season 2011-12.

Elaine Kovkin
Board Chairperson

MESSAGE FROM OUR NEW COACH



My name is Richard Gale, 59 years young, born in Melbourne, Victoria.
Level 2 Bowls Australia Coach.

Coaching Experience:
Indian Commonwealth Games 2010 Head Coach and High Performance Manager from December 2008 till 31 October 2010
Head Coach Albert Park VRI Bowling Club - 2005 till December 2008 - Promoted from Division 4 to Division 2

Head Coach Newport Bowling Coach - 2004 Season (Promoted to Division 1)
Club Coach Moonee Ponds Bowling Club - 2000 to 2003 - Also Junior Coordinator
Junior Lawn Bowls Coordinator at Altona Bowling Club from 1998 to 2000

Coaching Academy Experience:
Head Coach and Bowls Coordinator of YOUNG AUSTRALIANS LAWN BOWLS ACADEMY having coaching over 25,000 juniors and young corporate barefoot bowlers between 2000 - 2010 throughout NSW and Victoria.
The experience gained here put me in good stead for Indian Commonwealth Games coaching position.

Playing Experience:
Played Premier League and Division ONE with Altona, Moonee Ponds and Yarraville Footscray Bowling Clubs between 1997 and 2010 seasons.
Runner up extra end playoff - 2004 Moama Prestige Pairs with State and Australian Squad Member Todd Simmons
Runner-up - 2000 Altona Classic Triples as Skipper with Lee Schraner and Troy Stafford

Other sports played:
A Grade Cricket in Tasmania, WA and NSW 1967 -1978
Grade Badminton, Australian Rules Football for Balmain Tigers NSW 1968 -1977, Golf played off as low as 2 handicap – State VRI Representative 1983 - 1993 Tennis, Rugby Union and League.

COACHING PHILOSOPHY

As a coach I have developed nine equally important points, which constructs my coaching philosophy.

1. Hard Work. All coaches must invest their time and effort into the sport and players will be challenged accordingly. Success in competition is the direct result of how much hard work each individual puts into it, especially coaches. Similarly, there are no shortcuts for a coach or a player. Consistency and persistent effort by players and coaches is a pre-requisite for achieving anything worthwhile in lawn bowls.

2. Everyone counts. The most important people to me, after my family, are the players that I see and coach almost daily. I care about all of the members on our team, whether they are the up and coming talent or the best the country can produce. I am concerned about the attitude and the improvement of every team member. Team strength comes from raising the standards of all team members from excellent players to a Champion Team. As the saying goes. There is no "I" in our team.

3. Winning. Winning must be measured against one meaningful and reliable standard - yourself. Every member on the team can be and should be a winner. A winner sets goals and then strives to attain them. Both players and coaches who continue to strive for their goals are winners.

4. Players Experience Success. An individual, who achieves is a motivated person. There will be gradual movement to higher competitive levels according to the player's development. A player who attains a goal usually wants to attempt to reach a new one at a higher level. I will acknowledge success, regardless of the level at which a bowler is succeeding and then help re adjust the bowler's goal to attain a higher level of success.

5. Responsibility is required. The Coach is responsible for the team's results. Similarly, the player's must accept the responsibilities for their daily performance whether training or in match conditions. Selection to play for your State or Country is a great honor and responsibility "As these players are supposed to be the best of the best".

6. Technique and training. All players' must establish and practice with a good delivery technique so they can train effectively. Training with a poor technique will not allow improvement. I will always continue to return to basics to help players reach their performance goals at the highest levels.

7. Equal Opportunity. It is impractical to give equal time to each player, because they all have different needs. It is more important to give each player equal opportunity to take advantage of our desire to work with all of them. Those who are willing to give more of ourselves in training and competition gain the most benefit from our coaching efforts.

8. Change is necessary. Programs need to be dynamic to maintain the enthusiasm of the player's and the coaches. The player's and the "best" ways to teach and train them will change. Conditions, climate, playing surfaces and opposition can change constantly, that is why the coaches will continue to form new ideas and be creative. One of the keys to longevity in coaching is adapting to change. Players need to adapt to changes in conditions/skills as positions and situations in a match will never be the same every time.

9. Always strive for improvement. Coaches have to constantly renew their knowledge, to think you know everything about coaching lawn bowls, results in a downhill slide. Learning opportunities are all around and successful coaches learn to recognise and to use them.



Richard Gale
Senior Club Coach

INTERVIEW

AN END with Danny Miller

We are sitting at the famous Fress Café finding out some facts about Danny Miller.

The Reporter: Danny, this is a written interview so why do you feel the need to talk into a microphone?



D.M. It's a little known fact that I was a mute until I was eleven. Never said a word, but I went to my Aunt's wedding and touched a microphone for the first time. (Danny begins to cry) I felt safe and everyone listened when I spoke into it and now I can't let it go (sobbing)

The Reporter: (wiping a tear) Moving on, how is it that you maintain that fabulous full dark rich head of hair? Everyone wants to know the secret.

D.M. Happy to share it with you. Ever since I was a little boy my mother rubbed a potion of schmaltz and vegemite into my hair. The schmaltz to keep it smooth and moist and the vegemite maintains the color. To this day, I rub schmaltz and vegemite into my hair every night, simple eh?

The Reporter: Thanks Danny for sharing these secrets with me.



SATURDAY SELECTION

The Selection Committee has been actively preparing for the new season over the winter break. Let me introduce the team elected in May: Abe Engel, Dick Wilson, Martin Klyne, Nathan Buchner, Stan Todes (Chairman).

We have been considering a scoring system which we think will provide a more constructive appraisal and in consultation with the new Head Coach Richard Gale and many of our skips, we plan to trial some changes.

The system will involve the skips marking the merits of each bowl, based on criteria we will discuss with all players. The change will also involve fellow players marking their assessment of each other at the end of every 5th end. We feel these changes will give a more accurate assessment of performance.

The trial period will be during the pre-pennant practice games in September, giving us a chance to make any adjustments necessary.

The Selection Committee is very happy that Richard Gale is off to a great start with coaching rinks being full on Sunday mornings. And Richard has now added Tuesday and Thursday practice times from 9am – 4pm and again the enthusiasm to attend has seen a buzz around the club. Richard's goal is for players to be 'consistent' in their bowling. The selectors could not agree more with this philosophy.

This is a very positive approach toward our new season, which we are all looking forward to tackling with enthusiasm and a winning team and club spirit. Please take every opportunity to attend the practices which are available to all members, to assist us achieve these goals. We look forward to seeing you on the green and to a great 2011-12 Season.

Finally before signing off, on a personal note I would like to thank the Club and fellow members very much for your extraordinary concern shown during my recent surgery. I appreciate so much the support received.

Stan Todes
Chairman of Selectors

SAFETY RESPONSE TEAM

The Board has introduced this new function – so that Armadale can provide the appropriate response if an event occurs – ranging from a relatively minor accident through to a more severe emergency.

The team members (below) all have up-to-date CPR and First Aid training. We are fortunate also to have several Doctors and Pharmacists.

Barrie Rimer, Sue Hofbauer, Liz Gild, Michael Gild, Stephen Dudakov, Harold Cashmore, Hunny Lipson, Mannie Boltin, Estelle Simon, David Kweitel, Sima Garfield, Leon Cohen, Denis Frankel, Lindsay Solomon, Rose-Marie Todes.

We plan to have coverage on Pennant days, Wednesdays, or when most of us are at the Club. Our names are on all of the FIRST AID Boxes. Please take responsibility to ensure that if any incident occurs (involving yourself or anyone else, including members and visitors), that you refer to any one of the Safety Team at the Club. The incident might only be small, but should be reported. Or please – dial 000 OR 112 (from your mobile) in the case of an Emergency - if none of the team is at the Club.

Useful information to know about using your Mobile Phone in an Emergency
■ '112' is the Special Number to dial (not '000').
112 has quicker access from a MOBILE. And you can use this number WORLDWIDE.

■ Your "Contacts" in your phone should name your ICE.
ICE means "In Case of Emergency" contact.....
Emergency Service Personnel will look for your listed ICE contact and number in your Mobile Phone.

The Safety Team will also be advising members of any important policies or education which affect us all. Such as:

- What to do if there is lightning when players are out on the green
- The latest CPR training.

We are recommending a very easy, instructive and IMPORTANT on-line CPR video !!! It is currently believed that Chest Compressions only should be used, without mouth-to-mouth. Hope you never have to use this, but please take a few minutes to watch it and remember it just in case. It shows exactly what to do if someone near you collapses and is presumably having a heart attack.

<http://www.youtube.com/watch?v=EcbgpiKyUbs>

PLEASE NOTE WHERE OUR FIRST AID BOXES ARE LOCATED:
In the Kitchen, in the Bowls Storage Shed and in the Ladies Room.

TUESDAY SELECTION

On behalf of the Selection Committee which comprises Kay Bond, Di Grosberg, Norma Hertz, Zara Simon and Gaby Cohen (Chairperson) welcome to the first newsletter for Season 2011-12.

We look forward to a very challenging season with all the new rules and regulations which will be introduced. We ask for your support and where there is a problem please consult with our Committee.

It will be a few more weeks until we know exactly what is going to take place and then we shall certainly inform all Tuesday Pennant players.

OMBUDSMAN

There is now a conduit to help resolve any problems or issues. The committee comprising Ken Rosengarten, Elaine Kovkin, Danny Miller and Tom Weisler will be the go-between to selectors, coaches, players and the Board.

SUPPORT OUR SPONSORS

Show our sponsors that we support them too. Contact Greg Goodvach if you have information regarding prospective sponsors.

BUSINESS		ADDRESS	CONTACT	
A.D.M. Motors	Car Servicing & Repair	530 Hawthorn Road Caulfield South 3162	Adam Adler	9530 8144
Anthony Thomas	Quality Menswear	Chadstone Shopping Centre 3148	Tom Weisler	9569 7688
Astoria Honda Centre	New & Used Vehicles	961 North Road Bentleigh East	Barry Buskins	9579 1988
Bendigo Bank Private	Bank	7/34 Queen Street, Melbourne 3000	Rod Styles	9622 0402
Caulfield Racecourse Tabaret	Dining & Gambling	Caulfield Racecourse	Karen Rootsey	9257 7175
Creative Balloons			David Janover	9596 4122
DocuCopy	Printing	105 Pelham Street Carlton 3053	David Shandler	9349 1455
Harvey World Travel	Travel Agency	141 Glenferrie Road Malvern 3144	Diane Rawlings	9576 0166
Marshall White & Co	Real Estate	1111 High Street, Armadale 3145	Justin Long	0418 537 973
Matthew Iaco Real Estate	Real Estate	615 Glenhuntly Road, Caulfield South 3162	Matthew Iaco	9532 8845
Mattress and Pillow Science	Specialist Pillow Store	313 North Road, Caulfield South 3162		9576 8828
Menorah Kosher Catering	Kosher Catering		Cynthia Tait	9505 4118
Nelson Pharmacy	Pharmacy	123 Thomas Street Brighton East	Paul Pham	9578 3960
Rocksalt	Restaurant	360 Bay Street North Brighton 3186	Danny Popper	0417 887 889
Scotchline Signs	Signs & Graphics	148 Chesterfield Road Moorabbin	Barbara Vaughan	9532 0660
Simply Sensational Catering	Catering	367 North Road Caulfield South 3162	Julia Merse	9578 5100
Stevie B	Disk Jockey Extraordinaire		Stevie B	0413 006 970
The Athlete's Foot Malvern	Sports Shoes	Shop 13, Malvern Central Shopping Centre 3144	Abe Engel	9500 2444
The Hospitality Man	Catering		Steven Swiatlo	0412 686 067

This is a current list of sponsors who are giving valuable support to our club. Take the opportunity of trying their services and let them know that you are an Armadale member.

The Sponsor of the month is Rocksalt, a family run Restaurant with an extensive menu, offering fantastic food, excellent service with a warm and friendly atmosphere.

Rocksalt is at 360 Bay Street, North Brighton 3186. Phone 9596 4622
Open 7 Days a week from 7.30am till late. Breakfast - Lunch - Dinner

Rocksalt is offering members of the Armadale Bowls Club a 10% discount on all Food Bills upon the presentation of this Newsletter during the Month of August.

Please note the discount applies only on the food bill & not drinks.
The discount is NOT available on Saturdays.



Armadale is always on the lookout for new members, but who said we had no good leaders?

ALMONER

Please contact either Cedric Gould 9509 8930 or David Janover 9506 4122 if you hear of any member sick, injured or in need of help.

For all enquiries regarding hiring of the Clubhouse please contact Elaine Kovkin on 9599 2429 or 0419 997 788

SOCIAL COMMITTEE

The Social Committee is planning for the opening of season 2011-12 with the function taking place on Saturday 27 August 2011 at 10.45am. Formalities will be followed by lunch and social bowls in the afternoon for those who wish to play.

The Cup Eve Dinner Dance is scheduled for Monday 31 October 2011. Publicity for these events will follow at a later date. Another major social function and a bowling holiday will occur in the New Year. Details of these are yet to be determined, stay tuned.

Next season's Closing Dinner and Trophy Presentation evening will be held on Sunday 29 April 2012.

SOUTHERN INDOORS

Over 45 players have represented Armadale at Southern Indoor Pennant this winter season. Aaron Kalinski with help from Martin Klyne have done a great job on our behalf in managing the 3 nights.

Perhaps next season more players should consider putting their name down, as indoor bowling really gives you the opportunity to work on techniques and will stand you in good stead for outdoors.

There is a list in the first shed for players interested in playing Electric Light Bowls starting in November on a Tuesday night. Put your name down ASAP so we can decide how many teams to enter.



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