

Armadale Bowls Club

Newsletter 28th October 2019



President's News

Some Role Changes:

Midweek Selection

We would like to thank Fay Lutchner very much for her very valuable contribution in Midweek Selection over the past several years.

Fay has had the difficult role of calling players when changes have been made. For personal reasons, however, Fay has had to resign from this position.

We wish Fay and Malcolm continued good bowling and look forward to seeing you both playing at the Club.

Aaron Kalinski will step into this role. The appointment allows a very good interchange between Midweek and Weekend Selection.

Thank you Aaron for your extended role across both Pennants.



Almoner Role

We also have to thank Cedric Gould for several years as Club Almoner and offering support to many people during this time. Ben Czerniewicz has very kindly accepted the Board's appointment to take on this role. The word ALMONER translates as - Welfare support person for the sick. The health and wellbeing of ABC members is a high priority of our Board.

Unfortunately, some of our members fall ill, or become distressed, and may wish to receive some support and care from members of ABC. It is the Almoner's duty to co-ordinate and offer such support. Ben has a long history of being a volunteer with various Government agencies and hospitals, and spends many hours enabling patients to get out of their hospital or recuperation environment to enjoy some other activities. The Board is confident that Ben will offer members care, compassion, confidentiality and discretion. The success of his work will depend on our Members asking for assistance, or Members sharing their knowledge of others who may be in need some help. Ben can be contacted by phone or text - 0408 101 472: Email - Ben.cz@optusnet.com.au

Thank you again Cedric and Ben for offering this very kind support to Members and their families.

Offensive Behaviour

On occasion, an offensive comment might arise which is disrespectful to you, a fellow player, or to Armadale as a Club. We take a lot of pride in expecting that our own Members will treat all opponents fairly and in a sporting spirit.

We have every right to expect the same in return.

But - as happened the other day, an opponent continually insulted Armadale and an individual player.

Our request to all Members is that you do not have to tolerate this. This is no different (to bullying) in any other environment.

If it does occur, please do not hesitate to

- 1) initially report this to the Armadale Manager.
- 2) In turn, our Manager needs to report this to the opposing Manager. Either it is sorted out by the 2 Managers, or it needs to be reported to the Umpire to resolve.

In this issue:

- President's News
- Jeff's Shed : Armadale Orders 80 Storage Boxes from outstanding Community Group
- 8 December Open Day Event 4 – 7pm
- Armadale Assessment Guide From our Selectors
- Wet Weather Rules – Reminder
- Safety – First!
- Let's Use our Club Facilities How Does Our Garden Grow
- Coaching Corner

President's News Continued

Offensive Behaviour Cont.

Serious consequences can arise if a member is reported to Bowls Victoria or directly to the Club involved.

We should all be aware that we – and all other players – are held to account for our behaviours.

Please let's all look to assist each other if we see that distress such as this is happening to any of our fellow players, and ensure that the Managers are called.

Club Etiquette

On the topic of behaviours, I would like to put in a few reminders which are very important to the Culture and Team Spirit of our Club:

People are leaving before Pennant is completed on all rinks in that Side (sometimes with 3 or 4 ends to go). Please let's be involved until the last bowl is played and ensure that we and all of our team stays to watch and encourage our fellow players. Even better, let's spend a few moments together as a team, regardless of a win or loss.

We are not always inviting our opponents in for a drink. On a Saturday wonderful rolls and peanuts are provided. Midweek Cheese and Biscuits are always available.

Both are long-held traditions and expectations of the Club. Let's not follow the way of most other Clubs that are letting this etiquette and sportsmanship disappear.

We would also like to request that players travel together to their venues. 9 cars (for 16 people) recently went to Richmond Union where there is NO PARKING (public or private) and metres only in the streets, mostly with 1 person per car. Let's plan these journeys better, but most importantly enjoy the team spirit of travelling together. The camaraderie is terrific.

GOOD BOWLING EVERYONE!

Jeff's Shed

Jeff (Needham) is President of The Bentmoor Mens' Shed in Moorabbin, and they are excited to partner with the Armadale Bowls club to produce wooden bowl storage units.

We are even more excited. Our spare Bowls storage in the outside Cupboards is about to get an amazing overhaul.)... and our search to find the right sizes and matching bowls will be over!

These will be built specifically for us by the Men in Jeff's (Mens' Shed)

"The Bentmoor Community Men's Shed is a place for men to come together to capture and share their skills and experiences. It is a place to build on the health and wellbeing of men, and a place of creativity, of teamwork and for celebrating community spirit. The Shed is supporting men of all ages and all abilities. The main focus of the program is to support men to engage with each other through activities. In the course of these activities they will establish new friends, share experiences, learn new skills, and gain information about health issues. This will in turn aid in closing the gap on the social inequalities that can influence men's health.

The shed is currently accepting a number of men through the NDIS system and we are keen to make their time with us happy and rewarding. The shed will be trialling a series of activities put together by experienced coordinators in this field. The cost of setting up and running this trial will be partially offset by this partnership.

Thank you for your support, Jeff.

We are very pleased to contribute to this very worthy program, and appreciate Jeff's involvement in this community project.



You will have seen our very prominent signage on our front and rear fences. Our next step will be to launch our **FACEBOOK** coverage. Ross Maver will shortly be guiding us through what to do for the very good **FACEBOOK** and not-so-savvy users.

Bottom line, the message is – we want our Friends and Family (and Community) to show up in big numbers. Many Members plan to bring people along.

Let's all BE PART OF IT.

Many Members have joined us from great fun days just like this one. **LET'S MAKE IT BETTER THAN EVER.**

Sausage Sizzle. Fun. Music. Bowlsto introduce them all to our fantastic Sport.

How Does our Garden Grow

Great weather.

Time to relax in our lovely shady and growing garden.

Please invite guests outside, and host them to drinks in this great spot.



Coaching Corner

Coaching Tip # 1

Play the easy hand

Play the easiest hand to draw bowls into the head. This is not always the obvious or open hand.

Coaching Tip # 2

Good Communication. The skipper should use good verbal and non-verbal communication skills.

Coaching Tip # 3

Same head, different shots. Both right!

In most situations in bowls there is always more than one way to achieve a result.

Armadale Assessment Guide

We are always seeking clarity on this topic. We encourage our Pennant players to review these standards. Everyone's judgement is different – but our Selectors have given us these helpful Guidelines which can assist our levels of standardisation; and our ultimate placement, to assist us.

1-2	Very poor
3-4	Below Standard
5	Satisfactory
6	Good
7-8	Very Good
9-10	Outstanding/Exceptional

We ask you to score in 2 halves, after 10 ends & again at the completion of the match, which is easier to remember more accurately.

If the LEAD has put in about 10 effective bowls for the first half, they should be scored a 5.

If the SECOND has put in about 8 effective bowls for the first half they should score a 5.

If the THIRD has put in about 6 effective bowls for the first half they should score a 5.

If the SKIP has put in 3 or 4 effective bowls for the first half, they should score a 5.

A similar determination should be made at the end of the game for the 2nd half.

Now your judgement comes into play. If a player does not meet these standards, you need to determine how far above or below the standard you & your team mates were.

A very poor game where a player was only able to add to the count or make a change to the head on only 2 or 3 occasions would rate a 2 or 3.

Where the contribution was greater than the above standards a higher score of 6 or 7 may be merited. An exceptional game could merit an 8 or above.

This is where we count on your conservative judgement.

Standards for the Different Divisions

Division 1 An effective bowl for a lead would be within 2 feet (60 cm)

Division 2 An effective bowl for a lead would be within 2.5 feet (75 cm)

Division 3 & 4 An effective bowl for a lead would be within 3 feet (90cm)

Division 5 & 6 An effective bowl for a lead is would be within 4 feet (120 cm)

The second should be able to draw within the same standards. The third and the skip should be able to draw within the same standards but also add to the count, reduce the count if down or convert a head to 'up' if down. The skip is also charged with the management of his/her team & an allowance should be included in their assessment. Watch the game! A good bowl is drawing to the spot the skip asks you to draw to. The skip is charged with controlling the tactics and bowlers should try at all times to comply with the shots requested by the skip.

Wet Weather Information – Reminder

1. If there is a 1 hour stoppage when everyone is called off the green, the game is abandoned with points shared.
2. Midweek and Weekend Pennant matches that are interrupted, will be abandoned after five (5) hours from the scheduled start time; i.e. 3.30 Midweek. 6pm Weekend.
3. If a total of 60 Ends on Weekends, and 45 ends Midweek are played, the match counts.
5. All games completed in a Section will count. It is no longer required that 50% of games in the Section need to be completed.

Safety – First!

A few basic reminders are very IMPORTANT.

HEAT: It is now much hotter. Please be aware of our biggest dangers, which most often lead to hospitalisation.

HYDRATION. LACK OF WEARING BIG HATS. LACK OF SUSCREEN.
NOT ACCESSING SHADE. NOT CALLING FOR HELP IF YOU NEED IT.

Please can we all be sensible and look out for each other.

Small cups of water are “Not Sufficient”.

Please use - A Bottle with cool water. Cool Cloths around your neck.

RAKES: Tripping is very common. Both getting up and down from the banks, and OVER RAKES.

Please STORE RAKES VERY CAREFULLY. Preferably facing inwards towards the green, so we don't trip over the protruding arms.

Please STORE BOWLS TO ONE SIDE. Preferably to the “Left” so everyone knows they are there, and we don't notice them or walk backwards into them.

Bowls and Bags which are scattered everywhere are a MAJOR DANGER. Falls, broken hips and dangerous wounds occur from these simple accidents.

We absolutely encourage using Rakes. They reduce potential for possible injury due to kicking bowls.

Thank you to all of our Safety Officers for supporting all players. This is a vital role in our Club.

Few Clubs provide such a dedicated team; and TWO Defibrillators.

Anyone wanted to attend Safety Training on Wed Nov 20 from 6-7.30 with our Safety Team is very welcome.

Very important manual Resuscitation, use of the Defibrillators, and our Emergency Procedures will be covered in detail.

